

## Grades of Internal Hemorrhoids

**H**emorrhoidal cushions are actually a natural part of the anal canal that helps in controlling the flow of stool. It is also responsible in telling our brain when bowel movement is imminent. Furthermore, it protects the sensitive nerves and tissues of the anal canal from damage from the abrasiveness of our daily expelling. It is actually smooth and flexible, capable of contracting as well as expanding at a moment's observe to accommodate the body's needs. However, due to various factors, the hemorrhoidal cushion may be damaged and begin swelling, which is when hemorrhoids occur.



### There are Other Ways to be Able to Detect Whether or Not You Have this Condition

The first and easiest indication is when you experience greater pain when you pass stool. Oftentimes, this is accompanied by blood mixing in with the stool or the water. The second indicator is when you are unpleasant or feel itchiness in your rectum from the swelling. The 3rd, but not necessarily occurring, is if you're experiencing constipation or diarrhea. Since the cushions control your bowel movement, any damage that develops within it would affect the way in which you control the outflow of stool.

- There are actually two types of hemorrhoids: the internal and the external.
- We'll be focusing on the former rather than the latter.

**Internal hemorrhoids** are found inside the lining of the rectum and usually cannot be felt until you delve about inch from the rectum. These are actually painless since they are found in the rectal lining which lacks nerve endings. This disease, if left untreated, can actually extend into a prolapse. Prolapse is simply a medical term used to indicate that something has fallen out of place. In this case, it is the swollen rectal lining. Sometimes, if the prolapse is prolonged enough, the particular anus might spasm and cut off its blood supply in which it becomes strangulated and leads to extreme pain. There are actually many grades of internal hemorrhoids depending on the severity and length of prolapse.

### Different Grades of Inside Hemorrhoids

**Grade One:** You don't actually realize you have the disease considering that you feel no pain and there is no prolapse to indicate that you are afflicted with it unless there is some itching or blood in your stool. Normally the enlarged blood vessels are not so distended that they are still just bumps along the rectal lining.

- **Grade Two:** This is the time the swollen veins start to become extended and a prolapse appears.
- The prolapse can be felt as a foreign object during bowel movement but it also retracts by itself when the behave will be finished.

*“ Grade three: The prolapse, like in grade two, also extend outside the rectum when defecating however, it now needs to be manually pushed back to return to its proper place and will stay there when succeeded in doing so. They are more sensitive since they are a lot more swollen so they would tend to hurt or bleed more frequently.*

**Grade Four:** The prolapse is already so severe that it is constantly outside the rectum and cannot anymore be manually reduced. This particular is more vulnerable to becoming strangulated, developing a blood clot, or getting infected so if it reaches this grade, it is necessary for a doctor to intervene with treatment.

Despite the above, hemorrhoids really are a normally non-threatening problem and should not be feared. It is also common as everybody experiences it at some point in their lives so for those who have it, you need not be afraid of a visit to the doctor's to find a cure.



HemorrhoidsInternal HemorrhoidsBowelHemorrhoidal

For more info on hemorrhoids please visit <http://how-to-cure-hemorrhoids-fast.blogspot.com> and <http://how-to-get-rid-of-hemorrhoids-at-home.blogspot.com>.

For French visit <http://traiter-les-hemorroides-naturellement.blogspot.com> and <http://hemorroide-faits-traitements.blogspot.com>.

For The spanish language visit <http://tratamiento-de-las-hemorroides.blogspot.com> With regard to Italian visit <http://come-curare-emorroidi-modo-naturale.blogspot.com>.

For German Born Go to [Http://Hamorrhoiden-Behandlung-Hausmittel.Blogspot.Com](http://Hamorrhoiden-Behandlung-Hausmittel.Blogspot.Com)

For Portuguese visit <http://como-curar-hemorroida-naturalmente.blogspot.com>.

For Additional languages visit <http://how-to-treat-hemorrhoids-at-home.blogspot.com>.



*“ Kory S. Ford*

*Kory is a writer at utitreatment.info, a web site about alternative health issues. Last year, Kory worked as a post curator for a well-known high tech web site. When he's not researching content, Kory enjoys working out and roller skating.*

**Disclaimer:** Content in this document is an advertisement, therefore it may be biased and should not be considered an objective or independent review. Owner of this document may be compensated when you purchase a product by clicking a link in this document. The views and opinions expressed in this document are purely of the author. Any product claim or other representation about a product or service should be verified with the manufacturer, provider or party in question. Any health information in this document is for educational purposes only and is not intended to replace the advice of your health care provider.